

InStyle

Celebrity + Lifestyle + Beauty

Julia

At Home on Her Ranch

Wash & Wear Chic

BEAUTY REPORT

bad-hair-day e.r.

As much as we hate to admit it, a hair crisis, like a pimple or an unwanted overnight guest, is bound to pop up when we least expect it. Below, some typical hair hassles—from glaring roots to the dreaded hat head—and the quick fixes that can save the day.

1) Humidity

Check the forecast before you leave home. If there's moisture in the air, use products that seal in protein and keep out the damp, which can make hair stick out defiantly. Look for styling aids with silicone, says London trichologist Philip Kingsley in *Hair: An Owner's Handbook*. These include Maximus the End (\$20; 888-762-9468), Ouidad Climate Control Heat & Humidity Gel (\$18; 800-677-4247), Frizz-Ease Hair Serum (\$10; drugstores), and Alberto VO5 Sheer Hair-dressing Lightweight Leave-In Anti-Frizz & Shine Cream (\$5; drugstores). Other weather-beaters: Phytodéfrisant by Phytotherathrie (\$19; department stores), with plant extracts, and Rene Furterer Anti-Dehydrating Styling Gel (\$16; 800-522-8285), with vitamin B-5. And when humidity sneaks up on you? "I braid my hair," says Marianne Strokirk, owner of her namesake salons in Chicago.

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Great
Hair
Days

A Foolproof
Plan

OW!
izzling ideas
or fashion, beauty,
ome and play